



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

LSL

Total time: 1:15:47

Club: LSL

Number: 39

Course: 25.70 km

Rank in course/Total: 5 (of 19)

Volksdistanz Staffel (0,70-20,00-5,00)

Rank in course/Total: 5 (of 19)

Best time in course: 1:08:33

Category:

Rank in category: 5(of 19)

Staffel

Best time in the category: 1:08:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Schwimmen nett	0.70	13:16	18:57	8	4:05	8	4:05	0.70	13:16	18:57	8	4:05	8	4:05
Wechsel S -> R	-	1:36	-	3	0:04	3	0:04	0.70	14:52	21:14	7	3:59	7	3:59
Schwimmen Total	0.70	14:52	21:14	7	3:59	7	3:59	0.70	14:52	21:14	7	3:59	7	3:59
Rad netto	20.00	37:44	1:53	5	3:31	5	3:31	20.70	52:36	2:32	5	3:39	5	3:39
Wechsel R -> L	-	1:09	-	1	-	1	-	20.70	53:45	2:35	5	3:24	5	3:24
Rad Total	20.00	38:53	1:56	5	3:17	5	3:17	20.70	53:45	2:35	5	3:24	5	3:24
Lauf	5.00	22:02	4:24	9	4:45	9	4:45	25.70	1:15:47	2:56	6	7:14	6	7:14