



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Borchers, Max

Total time: 1:11:14

Club: /

Number: 109

Course: 25.70 km

Rank in course/Total: 8 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 8 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 4(of 10)

AK1 männlich (20-24 Jahre)

Best time in the category: 1:04:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.		
Schwimmen nett	0.70	10:53	15:32	3	1:33	5	1:35	0.70	10:53	15:32	3	1:33	5	1:35
Wechsel S -> R	-	2:00	-	5	0:24	10	0:27	0.70	12:53	18:24	3	1:57	5	1:57
Schwimmen Total	0.70	12:53	18:24	3	1:57	5	1:57	0.70	12:53	18:24	3	1:57	5	1:57
Rad netto	20.00	36:24	1:49	4	1:34	15	2:37	20.70	49:17	2:22	4	3:31	8	4:33
Wechsel R -> L	-	1:14	-	4	0:11	5	0:11	20.70	50:31	2:26	3	3:42	6	4:36
Rad Total	20.00	37:38	1:52	4	1:45	10	2:40	20.70	50:31	2:26	3	3:42	6	4:36
Lauf	5.00	20:43	4:08	4	2:37	15	3:15	25.70	1:11:14	2:46	4	6:19	8	7:19