



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Hermes, Lena

Total time: 8:47

Club: TriFun Hennesee

Number: 19

Course: 1.94 km

Rank in course/Total: 4 (of 15)

Kindertriathlon (0,04-1,50-0,40)

Rank in course/Women: 3 (of 8)

Best time in course: 8:17

Category:

Rank in category: 3(of 4)

weibliche Schüler A (12+13 Jahre)

Best time in the category: 8:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women
						Pos	Behind	km	Time	min/km							
Schwimmen nett	0.04	0:47	19:34	3	0:10	3	0:10	0.04	0:47	19:34	3	0:10	3	0:10	3	0:10	
Wechsel S -> R	-	2:05	-	3	0:14	4	0:14	0.04	2:52	71:40	3	0:24	3	0:24	3	0:24	
Schwimmen Total	0.04	2:52	71:40	3	0:24	3	0:24	0.04	2:52	71:40	3	0:24	3	0:24	3	0:24	
Rad netto	1.50	0:03	0:02	1	-	1	-	1.54	2:55	1:53	1	-	1	-	1	-	
Wechsel R -> L	-	3:54	-	4	3:00	6	3:00	1.54	6:49	4:25	3	0:21	3	0:21	3	0:21	
Rad Total	1.50	3:57	2:38	2	0:05	2	0:05	1.54	6:49	4:25	3	0:21	3	0:21	3	0:21	
Lauf	0.40	1:58	4:54	3	0:11	4	0:11	1.94	8:47	4:31	3	0:30	3	0:30	3	0:30	