



# 8. ITH Hennesee Triathlon

Meschede / 13.06.2015

## Detailed evaluation

Friedrich, Maximilian

Total time: 1:12:56

Club: Team Erdinger Alkoholfrei

Number: 203

Course: 25.70 km

Rank in course/Total: 11 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 10 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 2(of 13)

AK2 männlich (25-29 Jahre)

Best time in the category: 1:04:31

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	13:33	19:21	3	4:15	26	4:15	0.70	13:33	19:21	3	4:15	26	4:15
Wechsel S -> R	-	2:07	-	2	0:29	11	0:34	0.70	15:40	22:22	3	4:44	21	4:44
Schwimmen Total	0.70	15:40	22:22	3	4:44	21	4:44	0.70	15:40	22:22	3	4:44	21	4:44
Rad netto	20.00	34:27	1:43	1	-	3	0:40	20.70	50:07	2:25	2	4:28	10	5:23
Wechsel R -> L	-	1:32	-	2	0:08	21	0:29	20.70	51:39	2:29	2	4:36	10	5:44
Rad Total	20.00	35:59	1:47	1	-	5	1:01	20.70	51:39	2:29	2	4:36	10	5:44
Lauf	5.00	21:17	4:15	3	3:49	18	3:49	25.70	1:12:56	2:50	2	8:25	10	9:01