



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Go for Gold

Club: Go for Gold

Number: 30

Course: 25.70 km

Volksdistanz Staffel (0,70-20,00-5,00)

Category:

Staffel

Rank in course/Total: DSQ (of 19)

Rank in course/Total: DSQ (of 19)

Best time in course: 1:08:33

Rank in category: DSQ(of 19)

Best time in the category: 1:08:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.70	18:25	26:18	18	9:14	18	9:14	0.70	18:25	26:18	18	9:14	18	9:14	
Wechsel S -> R	-	1:32	-	1	-	1	-	0.70	19:57	28:30	18	9:04	18	9:04	
Schwimmen Total	0.70	19:57	28:30	18	9:04	18	9:04	0.70	19:57	28:30	18	9:04	18	9:04	
Rad netto	20.00	34:21	1:43	3	0:08	3	0:08	20.70	54:18	2:37	7	5:21	7	5:21	
Wechsel R -> L	-	1:23	-	3	0:14	3	0:14	20.70	55:41	2:41	7	5:20	7	5:20	
Rad Total	20.00	35:44	1:47	3	0:08	3	0:08	20.70	55:41	2:41	7	5:20	7	5:20	
Lauf	5.00	17:17	3:27	1	-	1	-	25.70	-	-	-	-	-	-	