



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Tillmann, Tobias

Total time: 1:14:51

Club: Tritus SV Neptun Neheim-Hüsten

Number: 156

Course: 25.70 km

Rank in course/Total: 17 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 16 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 3(of 8)

AK3 männlich (30-34 Jahre)

Best time in the category: 1:03:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	13:16	18:57	3	3:52	21	3:58	0.70	13:16	18:57	3	3:52	21	3:58
Wechsel S -> R	-	2:09	-	2	0:36	12	0:36	0.70	15:25	22:01	3	4:28	18	4:29
Schwimmen Total	0.70	15:25	22:01	3	4:28	18	4:29	0.70	15:25	22:01	3	4:28	18	4:29
Rad netto	20.00	35:17	1:45	2	1:30	7	1:30	20.70	50:42	2:26	2	5:58	12	5:58
Wechsel R -> L	-	1:44	-	5	0:33	34	0:41	20.70	52:26	2:31	2	6:31	12	6:31
Rad Total	20.00	37:01	1:51	2	2:03	8	2:03	20.70	52:26	2:31	2	6:31	12	6:31
Lauf	5.00	22:25	4:29	6	4:25	36	4:57	25.70	1:14:51	2:54	3	10:56	16	10:56