



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Rarbach Plaßwilm

Club: Rarbach Plaßwilm

Number: 60

Course: 25.70 km

Volksdistanz Staffel (0,70-20,00-5,00)

Category:

Staffel

Total time: 1:14:54

Rank in course/Total: 4 (of 19)

Rank in course/Total: 4 (of 19)

Best time in course: 1:08:33

Rank in category: 4(of 19)

Best time in the category: 1:08:33

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.70	13:34	19:22	10	4:23	10	4:23	0.70	13:34	19:22	10	4:23	10	4:23	
Wechsel S -> R	-	1:38	-	6	0:06	6	0:06	0.70	15:12	21:42	9	4:19	9	4:19	
Schwimmen Total	0.70	15:12	21:42	9	4:19	9	4:19	0.70	15:12	21:42	9	4:19	9	4:19	
Rad netto	20.00	34:42	1:44	4	0:29	4	0:29	20.70	49:54	2:24	3	0:57	3	0:57	
Wechsel R -> L	-	1:29	-	6	0:20	6	0:20	20.70	51:23	2:28	4	1:02	4	1:02	
Rad Total	20.00	36:11	1:48	4	0:35	4	0:35	20.70	51:23	2:28	4	1:02	4	1:02	
Lauf	5.00	23:31	4:42	12	6:14	12	6:14	25.70	1:14:54	2:54	5	6:21	5	6:21	