



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Schlüter, Gerhard

Total time: 1:17:28

Club: Tri-Sport-Team Vert

Number: 256

Course: 25.70 km

Rank in course/Total: 22 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 20 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 1(of 6)

Senioren 5 (60-64 Jahre)

Best time in the category: 1:17:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	13:00	18:34	1	-	17	3:42	0.70	13:00	18:34	1	-	17	3:42
Wechsel S -> R	-	2:09	-	1	-	12	0:36	0.70	15:09	21:38	1	-	15	4:13
Schwimmen Total	0.70	15:09	21:38	1	-	15	4:13	0.70	15:09	21:38	1	-	15	4:13
Rad netto	20.00	38:55	1:56	1	-	25	5:08	20.70	54:04	2:36	1	-	22	9:20
Wechsel R -> L	-	1:38	-	2	0:01	26	0:35	20.70	55:42	2:41	1	-	22	9:47
Rad Total	20.00	40:33	2:01	1	-	23	5:35	20.70	55:42	2:41	1	-	22	9:47
Lauf	5.00	21:46	4:21	1	-	25	4:18	25.70	1:17:28	3:00	1	-	20	13:33