



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Scharfenstein, Sven

Total time: 1:17:42

Club: SV Tri City Darmstadt

Number: 107

Course: 25.70 km

Rank in course/Total: 23 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 21 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 2(of 7)

Senioren 1 (40-44 Jahre)

Best time in the category: 1:13:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	16:19	23:18	4	4:48	48	7:01	0.70	16:19	23:18	4	4:48	48	7:01
Wechsel S -> R	-	1:45	-	1	-	6	0:12	0.70	18:04	25:48	2	4:20	36	7:08
Schwimmen Total	0.70	18:04	25:48	2	4:20	36	7:08	0.70	18:04	25:48	2	4:20	36	7:08
Rad netto	20.00	36:10	1:48	1	-	10	2:23	20.70	54:14	2:37	2	3:28	23	9:30
Wechsel R -> L	-	1:46	-	2	0:20	36	0:43	20.70	56:00	2:42	2	3:48	23	10:05
Rad Total	20.00	37:56	1:53	1	-	14	2:58	20.70	56:00	2:42	2	3:48	23	10:05
Lauf	5.00	21:42	4:20	2	0:11	23	4:14	25.70	1:17:42	3:01	2	3:59	21	13:47