



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Majdi, Chourib

Total time: 1:18:37

Club: Hobby Triathlete (Teilnahme an der Volksdistanz in
Number: 148

Course: 25.70 km
Volksdistanz (0,70-20,00-5,00)

Rank in course/Total: 25 (of 113)

Rank in course/Men: 23 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 4(of 8)

AK3 männlich (30-34 Jahre)

Best time in the category: 1:03:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	14:58	21:22	5	5:34	35	5:40	0.70	14:58	21:22	5	5:34	35	5:40
Wechsel S -> R	-	2:49	-	5	1:16	33	1:16	0.70	17:47	25:24	5	6:50	32	6:51
Schwimmen Total	0.70	17:47	25:24	5	6:50	32	6:51	0.70	17:47	25:24	5	6:50	32	6:51
Rad netto	20.00	40:28	2:01	5	6:41	33	6:41	20.70	58:15	2:48	5	13:31	34	13:31
Wechsel R -> L	-	1:41	-	3	0:30	30	0:38	20.70	59:56	2:53	5	14:01	33	14:01
Rad Total	20.00	42:09	2:06	5	7:11	34	7:11	20.70	59:56	2:53	5	14:01	33	14:01
Lauf	5.00	18:41	3:44	3	0:41	7	1:13	25.70	1:18:37	3:03	4	14:42	23	14:42