



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Dahlmann, Walter

Total time: 1:20:59

Club: TuS 1860 Oeventrop

Number: 232

Course: 25.70 km

Rank in course/Total: 31 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 28 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 4(of 15)

Senioren 3 (50-54 Jahre)

Best time in the category: 1:10:04

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	13:15	18:55	4	1:33	20	3:57	0.70	13:15	18:55	4	1:33	20	3:57
Wechsel S -> R	-	3:07	-	7	0:53	49	1:34	0.70	16:22	23:22	4	1:58	25	5:26
Schwimmen Total	0.70	16:22	23:22	4	1:58	25	5:26	0.70	16:22	23:22	4	1:58	25	5:26
Rad netto	20.00	38:32	1:55	4	4:13	23	4:45	20.70	54:54	2:39	4	5:40	24	10:10
Wechsel R -> L	-	2:05	-	7	0:42	54	1:02	20.70	56:59	2:45	4	6:22	25	11:04
Rad Total	20.00	40:37	2:01	5	4:55	25	5:39	20.70	56:59	2:45	4	6:22	25	11:04
Lauf	5.00	24:00	4:47	9	4:33	51	6:32	25.70	1:20:59	3:09	4	10:55	28	17:04