



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Kunkel, Thorsten

Club: SC Siedlinghausen

Number: 225

Course: 25.70 km

Volksdistanz (0,70-20,00-5,00)

Category:

AK4 männlich (35-39 Jahre)

Total time: 1:22:12

Rank in course/Total: 36 (of 113)

Rank in course/Men: 32 (of 87)

Best time in course: 1:03:55

Rank in category: 3(of 6)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	14:18	20:25	3	2:55	29	5:00	0.70	14:18	20:25	3	2:55	29	5:00
Wechsel S -> R	-	3:35	-	6	1:45	68	2:02	0.70	17:53	25:32	4	4:40	33	6:57
Schwimmen Total	0.70	17:53	25:32	4	4:40	33	6:57	0.70	17:53	25:32	4	4:40	33	6:57
Rad netto	20.00	39:45	1:59	3	3:22	30	5:58	20.70	57:38	2:47	3	8:02	29	12:54
Wechsel R -> L	-	2:15	-	6	0:51	64	1:12	20.70	59:53	2:53	3	8:53	32	13:58
Rad Total	20.00	42:00	2:06	3	4:13	31	7:02	20.70	59:53	2:53	3	8:53	32	13:58
Lauf	5.00	22:19	4:27	4	2:30	32	4:51	25.70	1:22:12	3:11	3	8:58	32	18:17