



# 8. ITH Hennesee Triathlon

Meschede / 13.06.2015

## Detailed evaluation

**Tewes, Markus**

**Total time: 1:24:47**

Club: -

Number: 222

Course: 25.70 km

Rank in course/Total: 43 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Men: 37 (of 87)

Best time in course: 1:03:55

Category:

Rank in category: 4(of 7)

Senioren 1 (40-44 Jahre)

Best time in the category: 1:13:43

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.70	14:55	21:18	3	3:24	34	5:37	0.70	14:55	21:18	3	3:24	34	5:37
Wechsel S -> R	-	3:17	-	4	1:32	59	1:44	0.70	18:12	26:00	3	4:28	38	7:16
Schwimmen Total	0.70	18:12	26:00	3	4:28	38	7:16	0.70	18:12	26:00	3	4:28	38	7:16
Rad netto	20.00	42:17	2:06	5	6:07	46	8:30	20.70	1:00:29	2:55	4	9:43	40	15:45
Wechsel R -> L	-	2:18	-	4	0:52	68	1:15	20.70	1:02:47	3:01	5	10:35	41	16:52
Rad Total	20.00	44:35	2:13	5	6:39	47	9:37	20.70	1:02:47	3:01	5	10:35	41	16:52
Lauf	5.00	22:00	4:24	4	0:29	28	4:32	25.70	1:24:47	3:17	4	11:04	37	20:52