



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

ten Doornkaat Koolman, Luis

Total time: 10:42

Club: TUS Victoria Rietberg

Number: 16

Course: 1.94 km

Rank in course/Total: 10 (of 15)

Kindertriathlon (0,04-1,50-0,40)

Rank in course/Men: 6 (of 7)

Best time in course: 8:42

Category:

Rank in category: 2(of 3)

männliche Schüler C (8+9 Jahre)

Best time in the category: 10:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.04	0:53	22:04	1	-	3	0:16	0.04	0:53	22:04	1	-	3	0:16
Wechsel S -> R	-	3:23	-	3	1:16	7	1:16	0.04	4:16	106:39	2	0:45	6	1:27
Schwimmen Total	0.04	4:16	106:39	2	0:45	6	1:27	0.04	4:16	106:39	2	0:45	6	1:27
Rad netto	1.50	3:13	2:08	1	-	4	3:11	1.54	7:29	4:51	2	0:07	6	4:38
Wechsel R -> L	-	1:08	-	2	0:02	2	0:02	1.54	8:37	5:35	2	0:09	6	1:54
Rad Total	1.50	4:21	2:53	1	-	3	0:27	1.54	8:37	5:35	2	0:09	6	1:54
Lauf	0.40	2:05	5:12	2	0:07	5	0:07	1.94	10:42	5:30	2	0:16	6	2:00