



8. ITH Hennesee Triathlon

Meschede / 13.06.2015

Detailed evaluation

Picker, Tanja

Total time: 1:29:30

Club: DLC Aachen

Number: 144

Course: 25.70 km

Rank in course/Total: 63 (of 113)

Volksdistanz (0,70-20,00-5,00)

Rank in course/Women: 13 (of 26)

Best time in course: 1:12:25

Category:

Rank in category: 2(of 5)

Seniorinnen 2 (45-49 Jahre)

Best time in the category: 1:29:06

Intermediate times

Stage score

Total ranking

Control	Split				Pos				Total					
	km	Time	min/km	Cat.	Behind	Pos	Behind	km	Time	min/km	Pos	Behind	Pos	Behind
Schwimmen nett	0.70	12:39	18:04	1	-	5	1:29	0.70	12:39	18:04	1	-	5	1:29
Wechsel S -> R	-	3:14	-	2	0:21	17	1:30	0.70	15:53	22:41	1	-	7	2:59
Schwimmen Total	0.70	15:53	22:41	1	-	7	2:59	0.70	15:53	22:41	1	-	7	2:59
Rad netto	20.00	43:42	2:11	1	-	11	4:42	20.70	59:35	2:52	1	-	6	7:41
Wechsel R -> L	-	2:19	-	2	0:41	16	1:16	20.70	1:01:54	2:59	1	-	8	8:52
Rad Total	20.00	46:01	2:18	2	0:01	12	5:53	20.70	1:01:54	2:59	1	-	8	8:52
Lauf	5.00	27:36	5:31	4	3:26	19	8:13	25.70	1:29:30	3:28	2	0:24	13	17:05