



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Heiter, Denny

Club: Meiningen
Number: 163

Course: 4.00 km
Jedermann-Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 19:37

Speed: 12.23 km/h
Running performance: 4:54 min/km

Rank in course/Total: 45 (of 215)

Rank in course/Men: 39 (of 136)

Best time in course: 14:34

Rank in category: 5(of 13)

Best time in the category: 14:40