



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Winterstein, Frank

Club: Meiningen
Number: 283

Course: 4.00 km
Jedermann-Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 19:39

Speed: 12.21 km/h
Running performance: 4:55 min/km

Rank in course/Total: 46 (of 215)

Rank in course/Men: 40 (of 136)

Best time in course: 14:34

Rank in category: 4(of 10)

Best time in the category: 18:34