



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Seifert, Sarah

Club: Belrieth
Number: 246

Course: 4.00 km
Jedermann-Lauf

Category:
Frauen (20-29 Jahre)

Total time: 24:24

Speed: 9.84 km/h
Running performance: 6:06 min/km

Rank in course/Total: 154 (of 215)

Rank in course/Women: 47 (of 79)

Best time in course: 18:34

Rank in category: 11(of 15)

Best time in the category: 18:55