



Herzog-Georg-Nachtlauf  
Meiningen / 13.06.2015

## Detailed evaluation

Helmerich, Alexander

Club: meiningen

Number: 433

Course: 12.00 km

Hauptlauf

Total time: 56:16

Speed: 12.80 km/h

Running performance: 4:41 min/km

Rank in course/Total: 25 (of 120)

Rank in course/Men: 22 (of 94)

Best time in course: 44:01

Rank in category: 3(of 19)

Best time in the category: 49:27