



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Koch, Marco

Club: Meininger Mountainbike Club e.V.
Number: 183

Course: 4.00 km
Jedermann-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 18:56

Speed: 12.68 km/h
Running performance: 4:44 min/km

Rank in course/Total: 36 (of 215)

Rank in course/Men: 33 (of 136)

Best time in course: 14:34

Rank in category: 5(of 18)

Best time in the category: 14:34