



Herzog-Georg-Nachtlauf  
Meiningen / 13.06.2015

## Detailed evaluation

**Seemann, Sandro**

Club: Meininger Mountainbike Club e.V.  
Number: 245

Course: 4.00 km  
Jedermann-Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 23:06

Speed: 10.39 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 133 (of 215)

Rank in course/Men: 98 (of 136)

Best time in course: 14:34

Rank in category: 13(of 21)

Best time in the category: 17:50