



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Nachreiner, Rene

Club: Betriebssportteam Stadtwerke Meiningen
Number: 204

Course: 4.00 km
Jedermann-Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 20:37

Speed: 11.64 km/h
Running performance: 5:09 min/km

Rank in course/Total: 71 (of 215)

Rank in course/Men: 59 (of 136)

Best time in course: 14:34

Rank in category: 6(of 21)

Best time in the category: 17:50