



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Heim, Franziska

Club: Meininger Mountainbike Club e.V.
Number: 159

Course: 4.00 km
Jedermann-Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 21:14

Speed: 11.30 km/h
Running performance: 5:19 min/km

Rank in course/Total: 94 (of 215)

Rank in course/Women: 20 (of 79)

Best time in course: 18:34

Rank in category: 2(of 8)

Best time in the category: 18:46