



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Vollstädt, Silvio

Club: PSV Meiningen
Number: 381

Course: 4.00 km
Jedermann-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 14:59

Speed: 16.02 km/h
Running performance: 3:45 min/km

Rank in course/Total: 5 (of 215)

Rank in course/Men: 5 (of 136)

Best time in course: 14:34

Rank in category: 2(of 18)

Best time in the category: 14:34