



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Seugling, Carolin

Club: Rhönblick/OT Gleimershausen
Number: 248

Course: 4.00 km
Jedermann-Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 26:58

Speed: 8.90 km/h
Running performance: 6:44 min/km

Rank in course/Total: 196 (of 215)

Rank in course/Women: 69 (of 79)

Best time in course: 18:34

Rank in category: 9(of 11)

Best time in the category: 20:33