



Herzog-Georg-Nachtlauf  
Meiningen / 13.06.2015

## Detailed evaluation

**Komarek, Alexander**

Club: Dachdeckerei Komarek  
Number: 186

Course: 4.00 km  
Jedermann-Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 21:42

Speed: 11.06 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 107 (of 215)

Rank in course/Men: 81 (of 136)

Best time in course: 14:34

Rank in category: 9(of 18)

Best time in the category: 14:34