



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Matthes, Stephan

Club: SV 01 Empor Dreiigacker
Number: 203

Course: 4.00 km
Jedermann-Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 22:56

Speed: 10.47 km/h
Running performance: 5:44 min/km

Rank in course/Total: 130 (of 215)

Rank in course/Men: 96 (of 136)

Best time in course: 14:34

Rank in category: 12(of 13)

Best time in the category: 14:40