



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Jamoul, Hussam

Club: SV 01 Empor Dreißigacker
Number: 396

Course: 4.00 km
Jedermann-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 24:00

Speed: 10.00 km/h
Running performance: 6:00 min/km

Rank in course/Total: 146 (of 215)

Rank in course/Men: 103 (of 136)

Best time in course: 14:34

Rank in category: 10(of 18)

Best time in the category: 14:34