



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Westhäuser, Sandro

Club: SV 01 Empor Dreißigacker
Number: 278

Course: 4.00 km
Jedermann-Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 23:15

Speed: 10.32 km/h
Running performance: 5:49 min/km

Rank in course/Total: 134 (of 215)

Rank in course/Men: 99 (of 136)

Best time in course: 14:34

Rank in category: 14(of 21)

Best time in the category: 17:50