



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Westhäuser, Ines

Club: SV 01 Empor Dreißigacker
Number: 276

Course: 4.00 km
Jedermann-Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 25:42

Speed: 9.34 km/h
Running performance: 6:25 min/km

Rank in course/Total: 180 (of 215)

Rank in course/Women: 60 (of 79)

Best time in course: 18:34

Rank in category: 7(of 8)

Best time in the category: 18:46