



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Schlusche, Benjamin

Club: TSV Unterelsbach
Number: 232

Course: 4.00 km
Jedermann-Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 14:40

Speed: 16.36 km/h
Running performance: 3:40 min/km

Rank in course/Total: 4 (of 215)

Rank in course/Men: 2 (of 136)

Best time in course: 14:34

Rank in category: 1(of 13)

Best time in the category: 14:40