



Herzog-Georg-Nachtlauf  
Meiningen / 13.06.2015

## Detailed evaluation

Hesse, Mike

Club: VV 70  
Number: 508

Course: 12.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:03:05

Speed: 11.41 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 61 (of 120)

Rank in course/Men: 56 (of 94)

Best time in course: 44:01

Rank in category: 11(of 14)

Best time in the category: 45:27