



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Sauer, Laura

Club: Wahns
Number: 229

Course: 4.00 km
Jedermann-Lauf

Category:
weibliche Jugend W18 (18 Jahre)

Total time: 21:03

Speed: 11.40 km/h
Running performance: 5:16 min/km

Rank in course/Total: 86 (of 215)

Rank in course/Women: 17 (of 79)

Best time in course: 18:34

Rank in category: 5(of 6)

Best time in the category: 19:36