



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Fritzlar, Lars

Club: werraabwärts Runners 2.0
Number: 418

Course: 12.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 51:13

Speed: 14.06 km/h
Running performance: 4:16 min/km

Rank in course/Total: 10 (of 120)

Rank in course/Men: 9 (of 94)

Best time in course: 44:01

Rank in category: 4(of 14)

Best time in the category: 45:27