



Herzog-Georg-Nachtlauf  
Meiningen / 13.06.2015

## Detailed evaluation

**Kaiser, Steffen**

Club: Werrabike  
Number: 298

Course: 4.00 km  
Jedermann-Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 18:21

Speed: 13.08 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 21 (of 215)

Rank in course/Men: 21 (of 136)

Best time in course: 14:34

Rank in category: 3(of 18)

Best time in the category: 14:34