



Herzog-Georg-Nachtlauf  
Meiningen / 13.06.2015

## Detailed evaluation

Herfurth, Steven

Club: Wiesbaden  
Number: 434

Course: 12.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:07:52

Speed: 10.61 km/h  
Running performance: 5:40 min/km

Rank in course/Total: 87 (of 120)

Rank in course/Men: 79 (of 94)

Best time in course: 44:01

Rank in category: 10(of 12)

Best time in the category: 45:02