



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Helgand, Dr. Unert

Club: Helios Klinikum
Number: 310

Course: 4.00 km
Jedermann-Lauf

Category:
Seniorinnen W65 (65-69 Jahre)

Total time: 25:15

Speed: 9.50 km/h
Running performance: 6:19 min/km

Rank in course/Total: 172 (of 215)

Rank in course/Women: 55 (of 79)

Best time in course: 18:34

Rank in category: 1(of 2)

Best time in the category: 25:15