



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Menz, Detlef

Club: Kühndorf
Number: 467

Course: 12.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 57:07

Speed: 12.61 km/h
Running performance: 4:46 min/km

Rank in course/Total: 30 (of 120)

Rank in course/Men: 27 (of 94)

Best time in course: 44:01

Rank in category: 2(of 12)

Best time in the category: 51:32