



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Hamm, Silvio

Club: Lauffreunde Geba
Number: 518

Course: 12.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 53:06

Speed: 13.56 km/h
Running performance: 4:25 min/km

Rank in course/Total: 17 (of 120)

Rank in course/Men: 15 (of 94)

Best time in course: 44:01

Rank in category: 5(of 14)

Best time in the category: 45:27