



Herzog-Georg-Nachtlauf
Meiningen / 13.06.2015

Detailed evaluation

Altendorf, Nils

Club: Lauffreunde.de
Number: 517

Course: 12.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:05:02

Speed: 11.07 km/h
Running performance: 5:25 min/km

Rank in course/Total: 69 (of 120)

Rank in course/Men: 63 (of 94)

Best time in course: 44:01

Rank in category: 5(of 12)

Best time in the category: 51:32