



Herzog-Georg-Nachtlauf  
Meiningen / 13.06.2015

## Detailed evaluation

**Amstein, Thomas**

Club: Lauffreud Breitungun  
Number: 402

Course: 12.00 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:04:59

Speed: 11.08 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 67 (of 120)

Rank in course/Men: 61 (of 94)

Best time in course: 44:01

Rank in category: 7(of 9)

Best time in the category: 51:40