



Herzog-Georg-Nachtlauf  
Meiningen / 13.06.2015

## Detailed evaluation

**Trautmann, Tamara**

Club: Lebenshilfe Meiningen eV  
Number: 112

Course: 4.00 km  
Jedermann-Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 38:14

Speed: 6.28 km/h  
Running performance: 9:34 min/km

Rank in course/Total: 213 (of 215)

Rank in course/Women: 77 (of 79)

Best time in course: 18:34

Rank in category: 5(of 6)

Best time in the category: 20:34