



Himmelstreppenlauf

Meschede / 02.05.2015

Detailed evaluation

Blanke, Uwe

Number: 22

Course: 0.13 km

Himmelstreppenlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:35

Speed: 3.02 km/h

Running performance: 20:40 min/km

Rank in course/Total: 21 (of 21)

Rank in course/Men: 18 (of 18)

Best time in course: 0:58

Rank in category: 4(of 4)

Best time in the category: 1:17