



Himmelstreppenlauf  
Meschede / 02.05.2015

Detailed evaluation

Dettmann, Uwe

Club: Post SV Meschede  
Number: 4

Course: 0.13 km  
Himmelstreppenlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:44

Speed: 4.50 km/h  
Running performance: 13:52 min/km

Rank in course/Total: 19 (of 21)

Rank in course/Men: 16 (of 18)

Best time in course: 0:58

Rank in category: 3(of 4)

Best time in the category: 1:17