



# Himmelstreppenlauf

Meschede / 02.05.2015

## Detailed evaluation

**Klagges, Marcel**

Club: LG Remblinghausen

Number: 10

Course: 0.13 km

Himmelstreppenlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:18

Speed: 6.00 km/h

Running performance: 10:24 min/km

Rank in course/Total: 10 (of 21)

Rank in course/Men: 10 (of 18)

Best time in course: 0:58

Rank in category: 2(of 2)

Best time in the category: 1:12