



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Münch, Birgit

Club: sc Impuls erfurt
Number: 129

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 45:57

Speed: 11.75 km/h
Running performance: 4:56 min/km

Rank in course/Total: 187 (of 404)

Rank in course/Women: 13 (of 98)

Best time in course: 38:48

Rank in category: 3(of 10)

Best time in the category: 42:45