



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Schröder, Bernd

Club: Erfurt  
Number: 171

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M65 (65-69 Jahre)

Total time: 46:16

Speed: 11.67 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 193 (of 404)

Rank in course/Men: 118 (of 306)

Best time in course: 32:04

Rank in category: 3(of 12)

Best time in the category: 39:17