



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Ludwig, Thomas

Club: SV 08 Oehrenstock
Number: 111

Course: 9.30 km
Kurze Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 46:32

Speed: 11.60 km/h
Running performance: 5:00 min/km

Rank in course/Total: 197 (of 404)

Rank in course/Men: 121 (of 306)

Best time in course: 32:04

Rank in category: 16(of 38)

Best time in the category: 32:36