



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

**Siemon, Thomas**

Club: SV Blau-Weiß Creuzburg  
Number: 238

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M50 (50-54 Jahre)

Total time: 36:21

Speed: 14.86 km/h  
Running performance: 3:55 min/km

Rank in course/Total: 27 (of 404)

Rank in course/Men: 14 (of 306)

Best time in course: 32:04

Rank in category: 1(of 39)

Best time in the category: 36:21