



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Macalla, Michael

Club: /

Number: 114

Course: 9.30 km

Kurze Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 46:55

Speed: 11.51 km/h

Running performance: 5:02 min/km

Rank in course/Total: 205 (of 404)

Rank in course/Men: 126 (of 306)

Best time in course: 32:04

Rank in category: 15(of 39)

Best time in the category: 36:21